



## About Charles Maxwell Green

First experiences in higher spiritual consciousness in 1969 leading to study material as taught by Sri Ramana Maharshi, learned the technique of meditation from the International Meditation Society, took two years of training from Self-Realization Fellowship as taught by Paramahansa Yoganada, became a devoted disciple of Sri Swami Satchidananda and the Path of Integral Yoga and co-currently a student of channeled extra-terrestrial material with its focus concerning Pleiadian teachings and those of Bashar.(Essassani) Inner teachers include: Masters Kuthumi, El Moya, Dijwal Kuhl, Vywamus, Merlin Archangels Michael/Michaela, Jesus (Sananda) and the Sirian Archangelic League of Light. Over the last 37 years he has integrated the wisdom of yoga with new age extra-terrestrial contact and offers this information and its practical implications towards the goal of self realization and the attainment of full consciousness, abundance and perfect health.

## The Root Cause of Disease

There are nine fundamental concepts which relate to the complete understanding of this issue. **First, the universe was created with unconditional love.** This frequency is the frequency that your Higher Self is in alignment with. **Second, your experience in 3<sup>rd</sup> dimensional reality is based on your thoughts, beliefs and definitions.** Your outer reality is a mirror reflection. **Third, you are 100% responsible for your experience.** Responsible doesn't mean you are to blame, it means you have the "ability to respond". Because you created it, you have the power to fix it! **Fourth, all events are inherently neutral.** We place value judgments on external events. **Fifth, thought creates. Sixth, negativity is a perception based on a value judgment placed upon a neutral event or circumstance.** It is essentially an erroneous belief out of which supporting false beliefs spring. **Seventh., when you run energy through positive beliefs which are in alignment with your Higher Self the results are the positive emotions love, joy, excitement, magic and peace.** When you run energy through negative beliefs which are not in alignment with your Higher Self the results are negative emotions like hate, anger, negative synchronicity and disharmony. **Eighth, when you incarnate in this dimension you have four tasks: function in 3D, become aware that thoughts take time to manifest, become aware of your illusion, and become one with your Higher Self.** Illusion is all based in fear. There is only one vibration—Love. Fear is the illusion of the absence of love. All fear is based on false judgment. This is either self judgment, like guilt and shame or outward judgment. In order to conquer fear you have to conquer illusion. Thus, personal sovereignty or coming into your power cross connects with healing disease. This is because disease cannot exist without judgment and when we function at a level of consciousness without judgment, disease cannot exist. When the Earth ascends into the next dimension disease will not exist. **Ninth, Acceptance is the higher vibration of judgment.** It is beyond forgiveness, because forgiveness implies that something has

been done wrong. Acceptance says that all is happening perfectly, just as it is because whatever is happening enables us to grow. This moves us into the energy of Love, Trust, and Peace.

**“All disease is caused by the denial of negativity within. Holding an erroneous belief system, especially in a suppressed or expressed form, creates an environment of internal discordance on a subconscious level. Over a period of time, denial of the judgment placed upon some aspect of oneself, and then suppressed, begins to alter the cellular structure of the area of the body where the memory of the event or circumstance is stored. This cellular alteration has been labeled disease. It is really emotional self-judgment. “ (Mary, Mother of Jesus as channeled by Jeanne Hatch)**

This information is consistent with other extra-terrestrial information concerning the fact that “thought creates” and that all disease is created through “dysfunctional emotions”. The public is starting to understand this concept through information like that in “The Secret”. Regardless of other issues with this particular information, the fundamental concept of “thought creates” is what is important. And if you believe that thought creates, it is natural to conclude that our thoughts, beliefs and definitions create our outer experience. And if this is what creates our outer experience then only negative beliefs and their accompanying emotions are the “Root cause of disease”.

By virtue of the 9 principles listed above, when you blame anyone for anything you create yourself as a victim and powerless. By taking responsibility for your outer circumstance you claim your power back. This is power that you always had in the first place but “Judgment” got in the way!

I have created a website that I call a one stop shop for healing and maximizing your spiritual growth. I wanted to create a site that contains all the information you need to heal yourself, put your body in optimum immune condition and to achieve a point of personal sovereignty. The books at the site contain about 46 pages of condensed information and connects you to another 150 pages. It is located at <http://www.etyoga.com>. In my opinion our children need to be taught this information and anyone who seriously cares for your health should be telling you to detox from brain to colon once a year. The body is an amazing self healing organism, where miracles are the norm, if it is detoxed and fed proper nutrients. In my opinion those seriously interested in self healing or attaining their personal power need to eliminate or seriously limit television viewing; as it is harmful to the immune system and DNA. Do the research, volunteers monitored and hooked up to a screen emit emotion that immediately affects DNA. Who do want programming your DNA? My sincere wishes for your attainment of full consciousness , perfect health and abundance.

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